Product Catalogue

AromaSignatures



Indulge Your Senses



Signatures

Product Catalogue ©

Page 5 of 17

visit us on the web: www.AromaSignatures.com



Health Care

The Health Care line was designed to improve, strengthen and maintain your overall health and well-being. Our natural remedies help alleviate stress and related symptoms, as well as aches and pains, headaches, cold and flu, depression, overwhelm, and insomnia.

Available in Massage Oil, Spray Misters, Diffuser Blends and Pocket Oil, the perfect size for purse or pocket.



Breathe Easy - opening your airway for easier breath

Eucalyptus, Fir, Frankincense, Peppermint and others; relieve blocked sinuses and allergies.



Confidence Booster - Building an inner feeling of confidence

Bergamot, Cedar, Frankincense, Laurel, and others; help to raise your self-esteem.



Page 6 of 17



Depression Buster – lifting your spirits towards joy.

Bergamot, Clary Sage, Geranium, Myrtle, Ylang Ylang, and others; help you to regain a joyful disposition and positive outlook.



Energy Booster - Moving energy in and exhaustion out

Clove, Ginger, Juniper, Myrtle, Rosemary and others; energize your mind and body.



Headache Remedy – relieving the aches and feeling of heavy pressure.

Basil, Eucalyptus, Geranium, Lavender, Marjoram, Peppermint, Rosemary and others; bring relief, freeing you from pain.



Immune Booster – Strengthening your immune system.

Eucalyptus, Lavender, Lemon, Peppermint, Tea Tree, and others; help combat infection relieving cold and flu symptoms.



Insomnia Remedy – Easing anxiety, promoting restful sleep.

Cedar, Chamomile, Clary Sage, Frankincense, Lavender, and others; stop the inner chatter allowing you to sleep peacefully.



Page 7 of 17



Mental Clarity – improving mental performance and focus.

Basil, Clove, Juniper, Lemon, Peppermint, Rosemary, and others; focus your mind and awaken your memory



Muscular Ease – soothing sore muscles and joints. Regular and Extra Strength.

Chamomile, Cypress, Lavender, Marjoram, Pine, Rosemary, and others; speed up the healing of sprains and strains and may offer relief from arthritis pain



Stress Relief – freeing you from anxiety, relieving stress and alleviating stress symptoms.

Clary Sage, Geranium, Lavender, Orange, Ylang Ylang and others; create a feeling of calm and balance.

All photos by Daren Gallo (www.gallocreative.com)



Page 8 of 17

Product Catalogue ©

visit us on the web: <u>www.AromaSignatures.com</u>



Fitness Line

Support your body with our fitness line. Whether you're a fitness buff, professional athlete, or exercising for fun, our products can help improve your performance, increase endurance and stamina, lower your risk of injury, reduce recovery time and soothe sore and tired muscles. Products such as Mental Endurance, Breath Easy and Calming Pre-event Jitters are also beneficial when it comes to fitness and health.

Fitness products are available in Massage Oils, Extra Strength Topical massage oils, Spray Misters and Pocket oils.



Breathe Easy - opening your airway for easier breath.

Eucalyptus, Fir, Frankincense, Peppermint and others, relieve blocked sinuses and allergies.



Calming Pre-event Jitters – Calming your mind and keeping your focus

Clary Sage, Geranium, Grapefruit, lavender, Rosemary and others giving you the edge by relaxing your mind and staying alert and focused.



Page 9 of 17



Energy Booster – stimulating tired muscles for extra stamina

Clove, Ginger, Juniper, Myrtle, Rosemary and others increases circulation and carry away the lactic acid to keep you going.



Mental Endurance – keeping your mind at peak performance

Basil, Clove, Juniper, Lemon, Peppermint, Rosemary and others strengthen your mental game, sport is as much about the mind as it is about the body.



Muscle Warm_up - shortening your warm-up time

Essential oils such as Bay, Ginger, Cypress, Peppermint, Rosemary and others increase the blood flow through your muscles, which can shorten your warm-up time, make your muscles more flexible and may even decrease the risk of injury.



Soothing Muscle Aches & Pains - Easing muscle and joint pain.

Chamomile, Cypress, Lavender, Marjoram, Pine, Rosemary, and others sooth your muscle and joint pain. Our extra strength formula has been shown to speed up healing time after sprains (but see your doctor first) and may offer some relief for arthritis pains.



Don't Bus $M\varepsilon$ – keeping the bugs away and you cool and refreshed.

Eucalyptus, Lavender, Lemongrass, Peppermint, Pine and others; keep the bugs away so you can enjoy exercising and playing outdoors.

All photos by Daren Gallo (www.gallocreative.com)

